

# St. Joseph's *Children's Liturgy of the Word*

## July & August 2024 (Year B)

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St. Joseph is the patron saint of the family, and the family is the “domestic Church.” These sheets were originally developed to support my parish of St. Joseph in Great Malvern, Worcestershire, but they are now used by parishes and schools not just in the UK, but some are sent to contacts abroad as well. As always, feedback and suggestions are most welcome.



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***Sunday Mass is the cornerstone of our week; These resources are designed to be used in a family setting or in Children's Liturgy of the Word at Mass, or in the classroom. Please make them your own and feel free to pass them on for free.***

This Church celebrates Our Lady as Queen of the Church in August. The queen was historically the mother of the king, not his wife and so with Christ, Mary, as His mother is our Queen. The ancient role of the queen was to intercede to the king for his people. Let us never cease to ask her for her protection and prayers.

### **July; Month of the Precious Blood, and August; Month of the Assumption.**

In 849 Pope Pius IX invited the Church to dedicate the month of July to reflecting on Christ's precious blood, saying, that the Precious Blood which our Saviour shed for us on Calvary and reassumed at His glorious Resurrection; is made present on our altars by the words of Consecration, is our source of sanctifying grace which washes and beautifies our soul. ([https://www.catholicculture.org/culture/liturgicalyear/overviews/months/07\\_1.cfm](https://www.catholicculture.org/culture/liturgicalyear/overviews/months/07_1.cfm)) It is not compulsory to receive the precious blood from the chalice because when we receive the Sacred Host in Holy Communion, we are receiving Christ's **Body and Blood**, soul and divinity, in other words, the whole Christ. However, “Holy Communion has a fuller form as a sign when it takes place under both kinds.” (Catechism of the Catholic Church 1390). Receiving Holy Communion in any form is a most sacred moment and it's important to help the children understand this and show appropriate respect.

***There are Four Dimensions of our Faith, and the activities all reflect one or more of each of these dimensions.***

Professing the faith (speaking about it and learning the faith)

Celebrating our faith in the liturgy and the sacraments

Jesus above St. Peter's Rome, pointing to heaven. © CA Harnett 2022.



Living the faith in Christ (making choices by the grace of Jesus Christ)

A prayer-filled life where the Our Father takes centre stage

**Gospel 14<sup>th</sup> Sunday in  
Ordinary Time, 7<sup>th</sup> July 2024**

**Mark 6:1-6**

Jesus went to his home town and his disciples accompanied him. With the coming of the sabbath he began teaching in the synagogue and most of them were astonished when they heard him. They said, 'Where did the man get all this? What is this wisdom that has been granted him, and these miracles that are worked through him? This is the carpenter, surely, the son of Mary, the brother of James and Joset and Jude and Simon? His sisters, too, are they not here with us?' And they would not accept him. And Jesus said to them, 'A prophet is only despised in his own country, among his own relations and in his own house'; and he could work no miracle there, though he cured a few sick people by laying his hands on them. He was amazed at their lack of faith.

The Gospel of the Lord

R/: ***Praise to you Lord Jesus  
Christ***

**Children's liturgy of the word for this week**

**Discussion on the Gospel**

✠ Light a candle, make the Sign of the Cross and read the Gospel slowly



**Q: Where was Jesus?** (A: In His home town.)

**Q: Who can you remember what it is called?** (A: Nazareth.)

**Q: What did Jesus do there on the Sabbath day?** (A: He taught in the synagogue.)

**Q: How did the people who heard Him react?** (A: They were astonished that Jesus was so wise and could work miracles.)

**Q: Why were they so surprised that Jesus could teach so well?** (A: They thought that they knew who He was as they had seen him grow up in His family.)

*At this point it is worth adding that the "brothers and sisters" of Jesus are not the children of Mary, but probably His cousins as they had no word for "cousin". If you were related to someone, even as a cousin, you were called brothers and sisters.*

**Q: Those who heard Jesus thought that they knew who He was, but they did not realise that He is the Son of God. They limited their expectations of Jesus, that is, they could not allow themselves to believe that He could work miracles.**

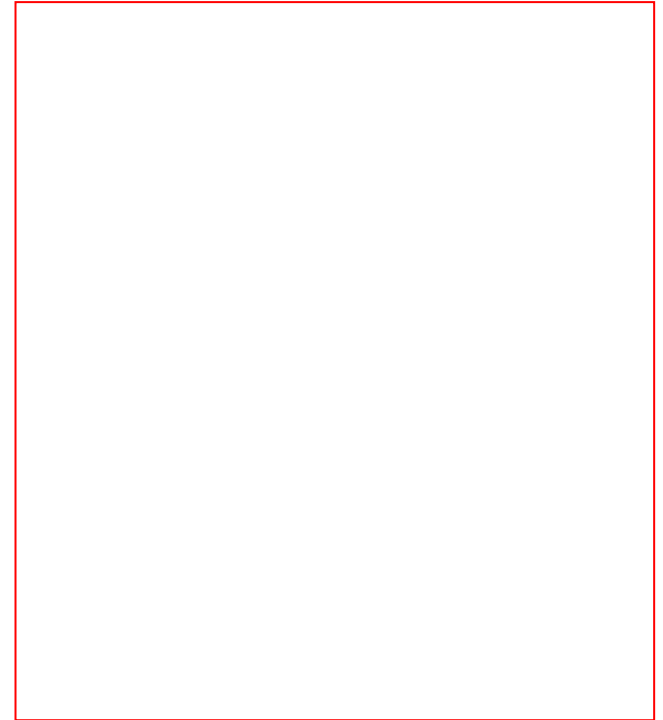
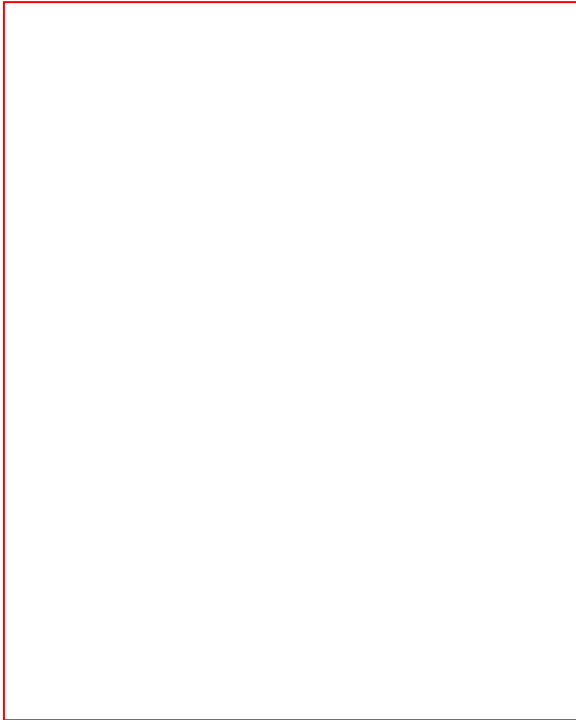
**Sometimes we limit our own expectations, e.g. we say "I can't /sit still in Mass/at school/help/be nice to that person/ it's too hard." Think of something that Jesus would like you to do that you think is too hard or difficult for you to do.** (A: Various responses possible.)

**Q: What was Jesus amazed at when he was teaching in Nazareth?** (A: The people's lack of faith.)

**Q: If we say, "I can't" we are also showing lack of faith. How can we grow in faith in Jesus?** (A: Various, e.g. Praying, reading the Bible, going to Mass,)

**Let's finish by spending a few moments asking Jesus to help us grow in faith. Shut your eyes and imagine that you are looking at Jesus and that He is looking at you. He's smiling at you. Say after me, "Jesus help me to grow in faith in you."**

Jesus wants us to grow in faith in Him. In the boxes around the picture of Jesus seated in heaven, either write some prayers asking specifically what you would like Jesus to help you with or draw pictures of the things you would like Jesus to help you with, e.g., helping people, praying, being obedient, being kind to your brother or sister or someone at school, or not being greedy....



## Children's liturgy of the word for this week



**Gospel for 15<sup>h</sup> Sunday in Ordinary**  
**Time 14<sup>th</sup> July 2024**

### **Mark 6:7-13**

Jesus made a tour round the villages, teaching. Then he summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff – no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added, ‘Do not take a spare tunic.’ And he said to them, ‘If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.’ So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

The Gospel of the Lord

R/: ***Praise to you Lord Jesus Christ***

### **Discussion on the Gospel**

- ✠ Light a candle
- ✠ Make the Sign of the Cross
- ✠ Someone read the Gospel slowly

**Q: What had Jesus just done?** (A: Made a tour around the villages, teaching.)

**Q: What were the disciples asked to take with them when Jesus sent them out to the villages?** (A: Nothing except a staff [which is a kind of walking pole], no money, no spare clothes, no food.)

**Q: Why do you think that Jesus didn't want them to take anything other than a staff?** (A: He didn't want them to be burdened with carrying a lot of things and wanted them to have faith that people would give them everything they need.)

**Q: What were the disciples to do if people refused to welcome or listen to them?** (A: Walk away and go elsewhere.)

**Q: What did the disciples do when they set out in twos?** (A: Preached repentance, cast out devils and anointed sick people and cured them.)

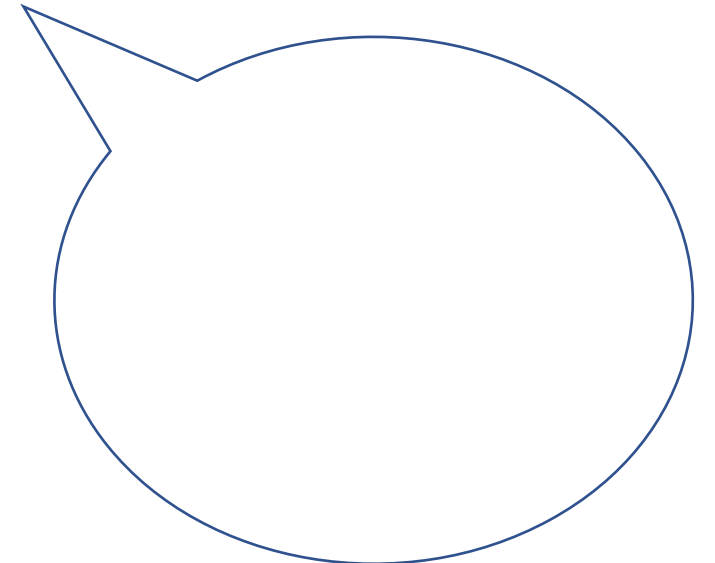
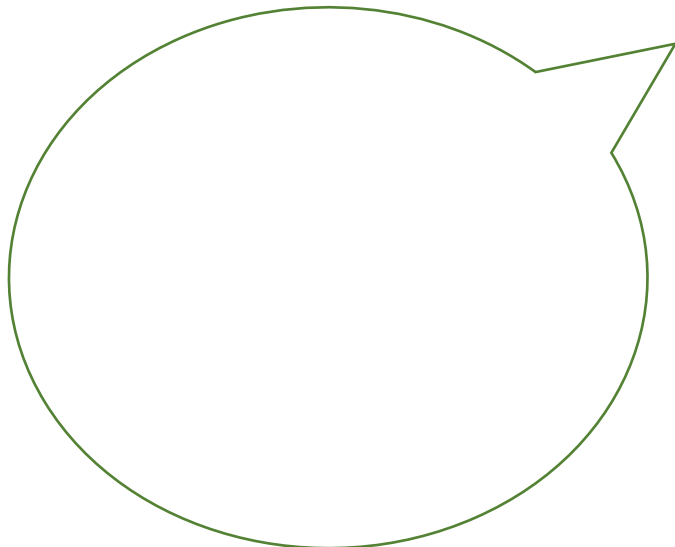
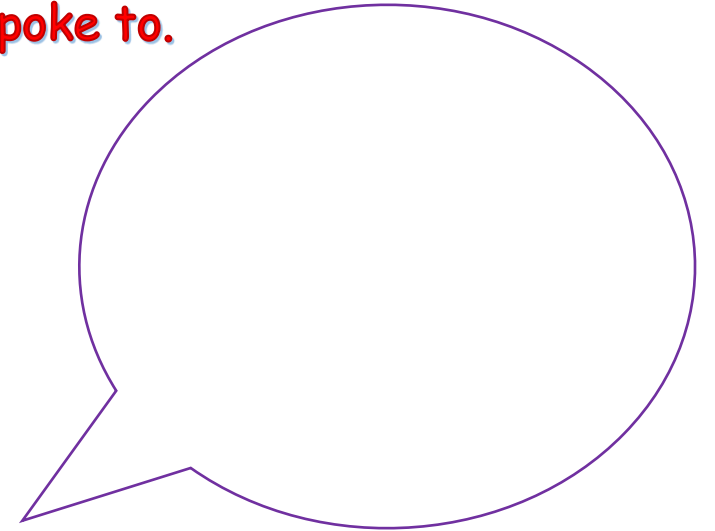
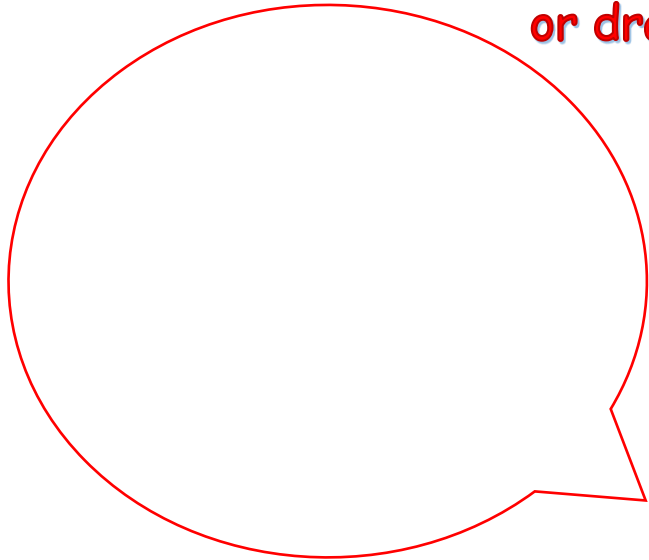
**Q: Jesus had already toured the villages and had been doing some teaching, so the disciples were following up on what Jesus had said. Why do you think that Jesus sent the disciples to go to the villages to preach?** (A: To practice telling people about Jesus, to remind people what Jesus had said, to heal the sick people.)

**Q: What does “preaching repentance” mean?** (A: Inviting people to be sorry for their sins.)

**Q: When do we say sorry to Jesus for our sins?** (A: At the beginning of Mass and when we go to Confession. We can also say sorry to Jesus every night before we go to bed.)

**Let's finish by thinking about the morning we have had. Did we get up as soon as we were told to... get dressed straight away.... help our parents get breakfast and clear it away.... Help others in the home....? Did we say a morning prayer to Jesus? If the answer to any of these questions is “no” then say a silent prayer to Jesus right now, saying sorry for not helping and not saying “good morning to Him”.**

**This is a picture of Jesus which is on the top of St. Peter's in Rome. Write in the speech bubble some of the things that Jesus might have said on his tour of the villages, or draw pictures of the people He spoke to.**



**Gospel for 16<sup>h</sup> Sunday in Ordinary  
Time, 21<sup>st</sup> July 2024**

**Mark 6:30-34**

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

The Gospel of the Lord

R/: ***Praise to you Lord Jesus Christ***

**Children's liturgy of the word for this week**



**Discussion on the Gospel**

- ✠ Light a candle
- ✠ Make the Sign of the Cross
- ✠ Someone read the Gospel slowly

**Q: Why were the disciples rejoining Jesus?** (A: Because they had gone around the villages after Jesus had, preaching repentance (last week's Gospel).)

**Q: What did Jesus say that the disciples needed to do now?** (A: Come away with Him and rest for a while.)

**Q: Why did the disciples need to be with Jesus on their own for a bit?** (A: Because they were tired and hungry.)

**Q: When we are tired, how can we spend a bit of time alone with Jesus?** (A: Open, e.g. We can find a place where no one else is, such as our bedroom, the garden, or somewhere else at home and just sit and talk to Jesus, or we can ask our parents to take us to adoration in the Church for a bit.)

**Q: What happened when Jesus took them away?** (A: The crowds followed them.)

**Q: Why did the people follow them?** (A: They wanted to be near Jesus and to hear Him teaching and for Him to heal the sick people.)

**Q: What did Jesus say that the people were like?** (A: Sheep without a shepherd.)

**Q: What happens when sheep have no shepherd?** (A: They get lost/sick....)

**Q: What kind of shepherd does Jesus say that He is?** (A: The Good Shepherd who looks after His flock and protects them.)

**Q: The Gospel ends with Jesus sitting down to teach the people. What do you think He said to them?** (A: Open ended responses.)

**Finish by saying together the Psalm on the next page which is probably the most well-known of all the Psalms. May be challenge older children to learn it by heart!**

## Responsorial Psalm, Psalm 22(23)

***The Lord is my shepherd: there is nothing I shall want.***

The Lord is my shepherd;  
there is nothing I shall want.

Fresh and green are the pastures  
where he gives me repose.

Near restful waters he leads me,  
to revive my drooping spirit.

***The Lord is my shepherd: there is nothing I shall want.***

He guides me along the right path;  
he is true to his name.

If I should walk in the valley of darkness  
no evil would I fear.

You are there with your crook and your staff;  
with these you give me comfort.

***The Lord is my shepherd: there is nothing I shall want.***

You have prepared a banquet for me  
in the sight of my foes.

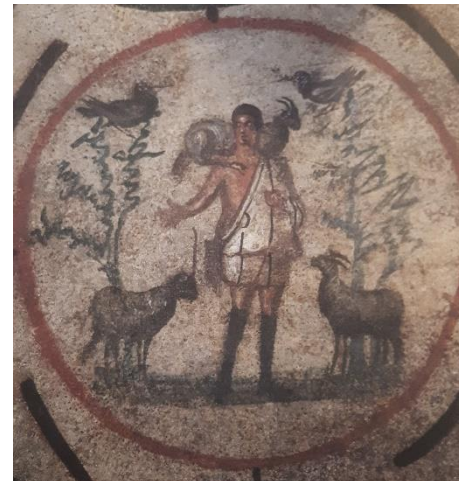
My head you have anointed with oil;  
my cup is overflowing.

***The Lord is my shepherd: there is nothing I shall want.***

Surely goodness and kindness shall follow me  
all the days of my life.

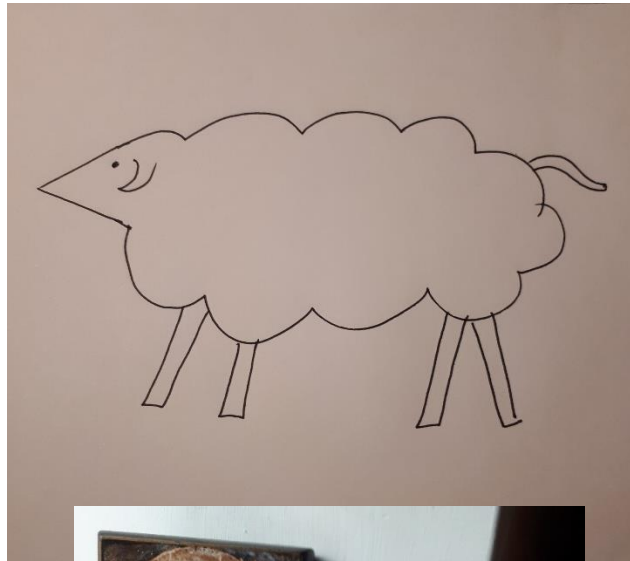
In the Lord's own house shall I dwell  
for ever and ever.

***The Lord is my shepherd: there is nothing I shall want.***



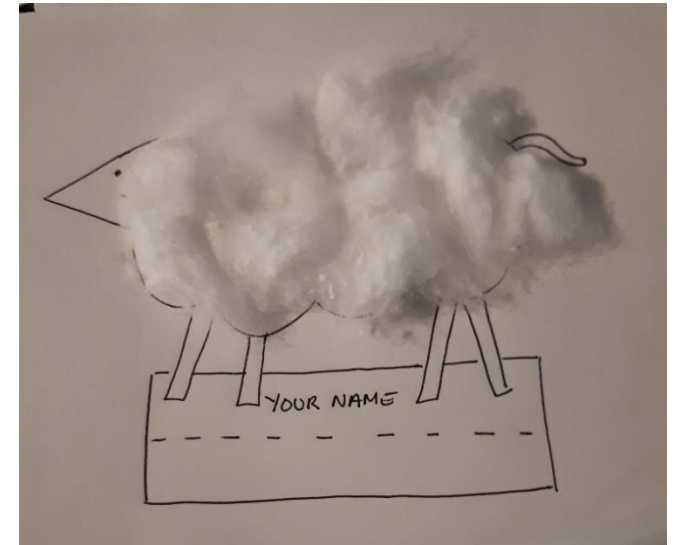
This is one of the oldest images of Jesus in the world, from the catacomb of St. Pricilla in Rome. It shows Jesus as a young man caring for the sheep, one of which is on his shoulders.

**Jesus is the Good Shepherd - make these woolly sheep with your name on them and place them around a picture of Jesus or at the foot of a crucifix. (You could use last week's picture of Jesus if you don't have one)**



2. Draw a simple sheep shape on paper, or better still, card.

3. Add a box under it, as in the picture on the right and write your name in the space.



1. Glue some cotton wool on the body of the sheep shape, leaving the head and legs bare.

4. Cut out and place the sheep either around a picture of Jesus or at the foot of a crucifix. Fold the label along the dotted line to help the sheep stand up.



## Gospel for 17<sup>th</sup> Sunday in Ordinary Time

28<sup>th</sup> July 2024

### John 6:1-15

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, ‘Where can we buy some bread for these people to eat?’ He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, ‘Two hundred denarii would only buy enough to give them a small piece each.’ One of his disciples, Andrew, Simon Peter’s brother, said, ‘There is a small boy here with five barley loaves and two fish; but what is that between so many?’ Jesus said to them, ‘Make the people sit down.’ There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks, and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, ‘Pick up the pieces left over, so that nothing gets wasted.’ So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, ‘This really is the prophet who is to come into the world.’ Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

The Gospel of the Lord

R/: ***Praise to you Lord Jesus Christ***

## Children’s liturgy of the word for this week



### Discussion on the Gospel

- ✠ Light a candle
- ✠ Make the Sign of the Cross

*This is a very familiar Gospel, but because the words from the Bible are ever new, perhaps begin by asking what they know of the feeding of the 5,000, and then say, “Let’s listen to this as if we have never heard it before. Listen out for something that you did not remember.”*

- ✠ Someone read the Gospel slowly

**Q: What were you reminded about on hearing this story/what did you learn?** (A: Open ended)

**Q: What did Jesus do with the loaves and the fish?** (A: Gave thanks [blessed them] and gave them to everyone.)

**Q: When does Jesus give us food?** (A: At Mass, He gives us Himself in Holy Communion [the Eucharist].)

**Q: What kind of food is Holy Communion?** (A: Spiritual food. Children may say “bread and wine,” if they do, say that after the priest has consecrated the bread and wine during the Eucharistic Prayer, and although it looks like bread and wine it is in fact Jesus Himself.)

**Q: Consecrated hosts (the bread that has become Jesus) that has not been used at Mass is kept in a special place in the Church. What is that called?** (A: The Tabernacle.)

**Q: What do we do when we come into a Catholic Church and see the tabernacle?** (A: We genuflect [go down on one knee and make the Sign of the Cross].)

**Q: Why do we do this?** (A: Out of reverence for the presence of Christ in the Eucharist.)

**Finish by praying this prayer three times, inviting older children to learn it.**

**O Sacrament most Holy,  
O Sacrament Divine,  
All praise and all thanksgiving,  
Be every moment Thine. (3x)**



Draw a lot of people around Jesus and may be label them with your family and friends, showing that Jesus continues to feed us in Holy Communion.  
Draw yourself near Jesus, imagining that you are the small child that gave Jesus the loaves and the fish.

## First reading and Gospel for 18<sup>th</sup> Sunday in Ordinary Time; 4<sup>th</sup> August 2024

### First reading, Exodus 16:2-4,12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion.'

And so, in the morning there was a coating of dew all around the camp. When the lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, everybody said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

### Gospel: John 6:24-35

Jesus said, 'You are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*' Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord

**R/: Praise to you Lord Jesus Christ**

## Children's liturgy of the word for this week

### Discussion on the Gospel



- ✠ Light a candle
- ✠ Make the Sign of the Cross
- ✠ Someone read the Gospel slowly

*Introduction:* The first reading sets the scene for the Gospel. Jesus has fed the 5,000 with just 5 loaves and 2 fish, and still, they want a sign like the manna in the desert. Both readings have been edited for the children.

**Q: Why were the people looking for Jesus in the Gospel?** (A: Because they wanted to eat more (free) bread.)

**Q: Who did Jesus say had given the bread in the desert?** (A: His Father (in heaven).)

**Q: What did Jesus say that the Father gives them today?** (A: The True Bread that gives life to the world.)

**Q: Who is the True Bread?** (A: Jesus.)

**Q: How does Jesus describe Himself?** (A: As the Bread of Life.)

**Q: Why do think that Jesus describes Himself as this?** (A: Because when we receive Him in Holy Communion, He helps our souls to grow, and we receive His life which is Eternal Life. It means that He is inviting us to live with Him in heaven for ever.)

**Q: Why is receiving Jesus in Holy Communion better than the manna in the desert?** (A: Because the manna in the desert kept the people from starving and fed their bodies but receiving Jesus in Holy Communion feeds our souls.)

**Q: What can we do at Mass to make it a more prayerful time?** (A: Various, e.g. following the Mass in a missal, reading the Gospel beforehand, looking up and praying "My Lord and my God" when the host and chalice are raised up...)

**Finish by teaching the children the prayer on the next page.**

Colour in this prayer and draw or cut out a picture of Jesus in the middle, to put up in your bedroom.

© Sacrament most Holy © Sacrament divine  
© all praise and all thanksgiving, be every moment thine

**Readings for 19<sup>th</sup> Sunday in Ordinary  
Time; 11<sup>th</sup> August 2024**

**First reading: 1 Kings 19:4-8**

Elijah went into the wilderness...and sitting under a bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked, and there at his head was a scone and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

**Gospel: John 6:41-51**

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' ... How can he now say, "I have come down from heaven?" Jesus said in reply, 'Stop complaining to each other. ... I tell you most solemnly, everybody who believes has eternal life. 'I am the bread of life....

I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord

**R/: Praise to you Lord Jesus Christ**

**Children's liturgy of the word for this week**



✠ Light a candle , make the Sign of the Cross, read the readings slowly.  
(Both readings have been edited for the children.)

*Once again, the first reading sets the scene which helps us to understand the Gospel. The background of the first reading is that Elijah had worked very hard to help people to understand God's message, but they still did not want to listen to him, so he ran away, trying to hide. He had no food for his journey, but God was not going to abandon him!*

**Q: In the first reading how was Elijah feeling at the beginning?** (A: Depressed, unhappy, alone, unloved....)

**Q: What did God do to help him?** (A: Sent an angel to give him food and drink and to encourage him.)

**Q: Why did God give Elijah food and drink?** (A: To give him strength for his journey.)

**Q: What is the bread that Jesus gives?** (A: Himself.)

**Q: Where does Jesus say that He comes from?** (A: Heaven.)

**Q: What kind of bread is Jesus?** (A: The living bread.)

**Q: What will happen to anyone who eats the bread that Jesus gives?** (A: Will live for ever)

**Q: Jesus is not talking about living on earth for ever, but what is he referring to?** (A: In Heaven/Eternal Life.)

**Q: In the first reading, Elijah was given bread (a scone) and water to give him strength for his journey. In the Gospel, Jesus teaches that the Bread of Life gives us strength for a different journey. What is the journey we are on?** (A: Heaven/Eternal Life.)

**Q: How does receiving Jesus in Holy Communion help us on our earthly journey to heaven?** (A: It gives us grace to be strong and to resist temptations.)

*We each have a guardian angel. Finish with the guardian angel prayer on the next page and learn it by heart. Colour it in and decorate the page and may be draw a picture of the angel helping Elijah as a reminder of how God helps us when life is not easy. It's good to ask our guardian angel to protect us at the beginning of every journey.*

Angel of God my guardian dear,  
To whom God's love commits me here,  
Ever this day be at my side,  
To light and guard,  
To rule and guide.  
Amen.

## Children's liturgy of the word for this week



### Gospel for Sunday 20<sup>th</sup> Sunday in Ordinary Time, 18<sup>th</sup> August 2024

#### John 6:51-58

Jesus said to the crowd:

‘I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever;

...

Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied:

...

He who eats my flesh and drinks my blood

lives in me and I live in him.

As I, who am sent by the living Father,

draw life from the Father, so whoever eats me will draw life from me.

This is the bread come down from heaven;

...

but anyone who eats this bread will live for ever.’

The Gospel of the Lord

### Discussion on the Gospel

- ✠ Light a candle
- ✠ Make the Sign of the Cross
- ✠ Someone read the Gospel slowly

*The full text of this Gospel is difficult for children to grasp, so once again it has been edited.*

**Q: How does Jesus describe Himself?** (A: As the Bread of Life.)

**Q: What did the Jews say when Jesus said this?** (A: How can He give us His flesh to eat?)

**Q: How does Jesus explain what He means?** (A: If we eat His flesh and drink His blood we live in Him and He in us and we will live for ever.)

**Q: When do we receive Jesus' Body and Blood?** (A: In Holy Communion.)

**Q: When we receive Jesus in Holy Communion, He comes to live right inside us and we are joined to Him in a very special way. What does Jesus say will happen to people who receive Jesus in Holy Communion?** (A: That they will live for ever.)

**Q: Where will we live for ever with Jesus?** (A: In Heaven.)

**Q: Who else is in heaven with Jesus?** (A: The Father and the Holy Spirit as well as all the angels and saints and lots more people that we don't know about.)

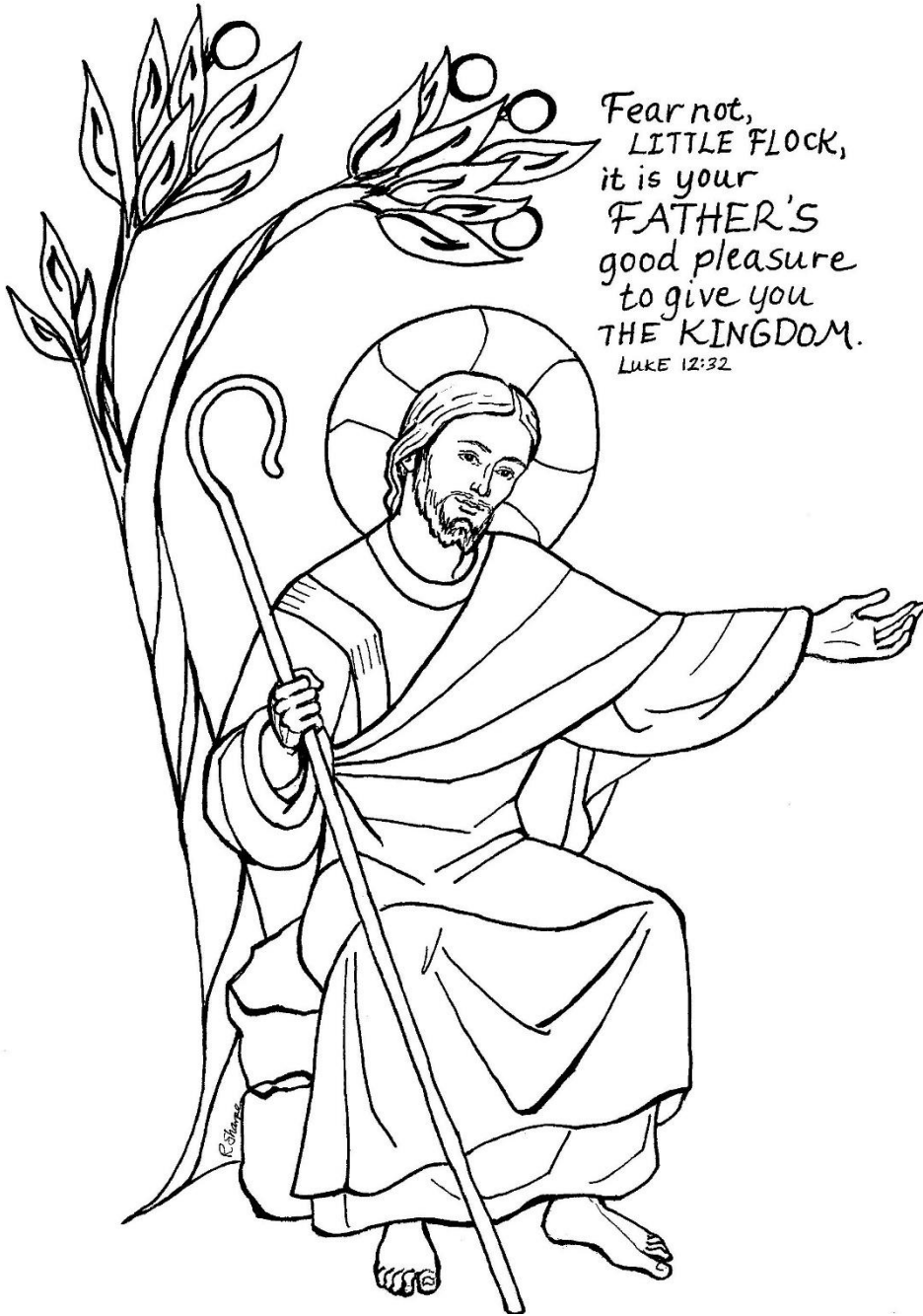
**Q: Who are the saints?** (A: Those people who have died and who are in heaven with the Father and the Son (Jesus) and the Holy Spirit.)

**Q: Do you know the name of any saints?** (A: Open – if there is silence, then suggest the school or church's patron saint and the patron saint of any children and adults present.)

**Q: What are the saints in heaven doing?** (A: Praising God who is Father, ns and Holy Spirit, and also praying for us.)

**Finish with a litany of the saints mentioned by praying “St. xxx pray for us” etc. If you have time to prepare, give out pictures of the different saints to the children to colour in and place around a picture of Jesus.**

**Otherwise invite the children to colour in the picture of Jesus and draw some saints around Him.**



Fear not,  
LITTLE FLOCK,  
it is your  
FATHER'S  
good pleasure  
to give you  
THE KINGDOM.  
LUKE 12:32



## Children's liturgy of the word for this week



### Gospel for 21<sup>st</sup> Sunday in Ordinary Time, 25<sup>th</sup> August

#### John 6:60-69

*(The first part of the Gospel has been summarised for the children as below)*

*Many of the followers of Jesus were upset about Jesus' teaching that He is the Bread of life and left Him.*

...

Then Jesus said to the Twelve, 'What about you, do you want to go away too?' Simon Peter answered, 'Lord, who shall we go to? You have the message of eternal life, and we believe; we know that you are the Holy One of God.'

The Gospel of the Lord

R/: ***Praise to you Lord  
Jesus Christ***

### Discussion on the Gospel

- ✠ Light a candle, Make the Sign of the Cross,
- ✠ Someone read the Gospel slowly

*The full text of this Gospel is difficult for children to grasp, especially as we don't have the continuity from last week as Sunday was the solemnity of the Assumption. So, this week, we will look at this key statement from St. Peter.*

**Q: What did Jesus ask His Apostles?** (A: If they wanted to leave Him.)

**Explain that Jesus' teaching that He is the Bread of Life shocked a lot of people, so they left Jesus.**

**Q: What was St. Peter's response?** (A: He asked to whom they could go, as Jesus has the words of Eternal Life.)

**Q: What does "Eternal Life" mean?** (A: A life with Jesus which actually begins now but carries on in Heaven after we have died.)

**Q: What does St. Peter say that the Apostles believe?** (A: That Jesus is the "Holy One of God")

**Q: What does St. Peter mean what He says that Jesus is the "Holy One of God"?** (A: That Jesus is the Son of God/God the Son, who was promised long ago and who would save us from our sins [by dying on the Cross].)

**Q: When do we say that we believe in Jesus?** (A: Open... e.g. in the Creed on Sundays, at Baptism [our parents probably said this on our behalf if we were babies] when people ask us about Jesus/and or why we go to Mass.)

**As well as praying the Creed, we can make a short act of faith, such as the one below.  
Finish with this prayer:**

**O my God, I firmly believe that you are the One True God in three Divine Persons; Father, Son and Holy Spirit. I believe that your divine Son became man and died for our sins and that He will come to judge the living and the dead. Amen.**

***On the next two pages are activities to build on this statement of faith in God***

These are all the kinds of questions that people might ask you about Jesus, or about your faith. Draw a line from the question to the answer that you might give (there are several possibilities of answers)

Who is Jesus?

God is Trinity; He is Father, Son and Holy Spirit. God the Father sent His Son Jesus to show us how much He loves us and to bring us back to Him.

Jesus is God the Son

What do you mean you say that Jesus is God the Son?

I go to Church because Jesus gives me strength (called grace) to be a Christian

Jesus is the One who saves us from our sins

What is this "sin" that Jesus saves us from?

I go to Church because I learn more about Jesus and about my faith

A sin is something that we do on purpose that hurts God and other people.

We know that Jesus is God's Son because when He was on earth, He prayed to God and called Him "Father".

Why do you go to Church?

A sin is also something that we do not do on purpose that we should do, and this also hurts God and other people.

I go to Church because I meet Jesus at Church

# Finding the Holy Trinity around us

*The Holy Trinity is often symbolised by the number three, and we can look out for things that have threes or are in threes or are three sided (triangular) to remind us that God is Trinity. Tick off then you see each of these things. How many can you find in a week?*

1. A flower with three petals
2. A flower with three leaves
3. A tree with three stems
4. A triangular window
5. A house with a triangular roof
6. A building with a triangle on it
7. A triangular leaf
8. A triangular stone
9. Three steps leading to a door
10. Three windows on the front of a building
11. Three cars parked together
12. Three houses together
13. Three trees on the top of a hill
14. Three horses in a field together
15. Three boats sailing together
16. Three people standing together
17. Three cakes on a plate
18. Three apples in a bowl
19. A bird's footprint with three talons going forward
20. Three arches together (as on a bridge)

Draw some of the things you find here or ask Mum or Dad to send me photos of what you found.